



Learning  
through  
play, every  
student,  
every day!

## A Message from the Director of 4-Year-Old Kindergarten!

Issue 7  
March 2024

Hello 4K Families! What beautiful weather we have been having this month of March. I hope you have had time to be outside enjoying the sunshine and playing together in these unseasonable temperatures! Spring Break is just days away and we have wrapped up Spring Conferences. If you haven't had a chance to meet with your child's teacher and would like to do so, please contact your child's teacher to schedule a conference. As I visit classrooms across our community, I have been so pleased to see the growth our students are making in social and emotional, early literacy and math. I hope that you are also seeing this growth with your young learner at home.

This last quarter of the school year provides an opportunity for us to start thinking about Kindergarten. There are two opportunities I would like to strongly encourage our families to consider having their children participate this spring and summer. First, while it may seem early, it is almost time to register for *Kindergarten Here I Come!* our summer program for students to have the opportunity to experience the kindergarten classrooms in their new school, play with friends from 4K over the summer, and meet new friends they will be going to school with in the fall. Students will also continue to practice and reinforce the learning they had in 4K so they are prepared to pick up when they walk into Kindergarten. The registration flyer for this important opportunity is included this newsletter on page 5. Next month we will talk about the second opportunity, Kindergarten Welcome Events that happen in each elementary school in either spring or summer. Enjoy your spring break.

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### Did you know?

#### **The Importance of Rhyme**

Rhyme is important in early literacy as it teaches children about language and separate sounds within words. Rhymes are words that sound alike at the end, like bat & hat, map & tap, and dog & log. Playing with rhymes allows children to hear the differences and similarities in how words sound. Research shows that familiarity with rhyme allows for another pathway to reading and future reading success. Playful experiences in rhyme help children grow in reading, cognitive, and language development. Exposure to play with words gives children another pathway to reading.

You can support this growth at home in your everyday routines.

Here are some examples of ways to practice rhyme with your child:

- Read books with rhyme
- Point out rhyming words in your home environment (floor/door)
- Play rhyming games
- Sing rhyming songs
- Read [Nursery Rhymes](#) an online book you can read again and again

### Spring Break Dates

Please note that we will not have school starting March 22nd through April 1st. Students return to school on Tuesday, April 2nd! Enjoy your Spring Break!



### **Upcoming Events**

- Learning Through Play Playgroups sponsored by Birth to Five Outreach: join on Thursdays each month from 9:30-10:30 AM. Registration is required, see below for more information.
- Play with Purpose: join on Tuesdays each month from 9:00-10:00 AM or 10:30-11:30 AM. Registration is required, see below for more information.

**For more information OR to register for any of these events, please contact:**

**(920)832-6470**

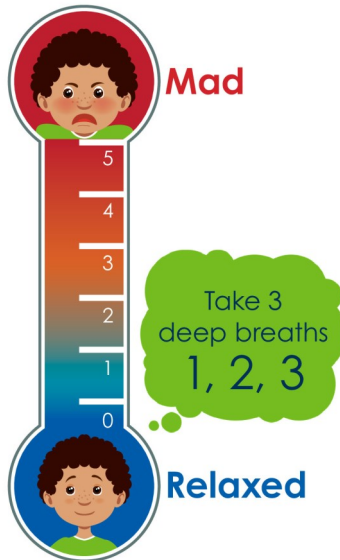


# Tucker's Corner



## How to Help Children Regulate Strong Emotions

### Relaxation Thermometer



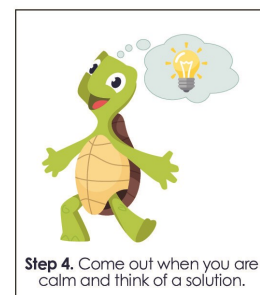
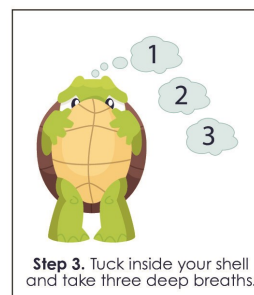
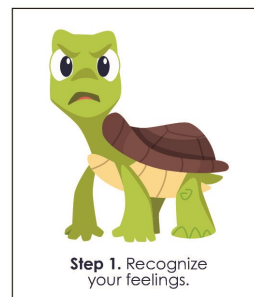
Regulating strong emotions can be a difficult task for young children. This is a skill that can be taught and practiced with children. It is important that children learn that it is normal to get angry. The goal is to teach children useful and acceptable ways to manage their feelings, especially strong emotions. A child who has been taught how to recognize and understand anger in themselves and others will be less likely to express their anger in aggressive and destructive ways. Managing feelings is a life-long skill necessary for children to be happy and healthy.



Here are a few tools and strategies that can help children learn about emotions and how to handle them:

- Read books about being angry. Talk about what the character does and how they handle their emotions.
- Read the story about Tucker Turtle. He teaches children steps about how to calm their bodies when they are upset.
- Explore choices that may calm your child when they are feeling mad.
- Puppets and toys can be great tools to role play situations about expressing anger in an acceptable way.
- Notice and label when you, your child or others are angry. Talk about choices that are appropriate and safe.

### NCPMI The Turtle Technique





# APPLETON AREA SCHOOL DISTRICT

**HEALTH SERVICES \* P.O. Box 2019, Appleton, WI 54911 \* 920-852-5344**

## Is Your Child Well Enough to Go to School? What about COVID?

It is not always easy to decide if your child is sick enough to stay home or well enough to be in school. Children who come to school are expected, with few exceptions, to participate fully in school activities.

Here are some guidelines that might help in a parent's decision-making.

**Fever:** A fever of 100.0 degrees or more signals an illness that is probably going to make a student uncomfortable and unable to function well in class. Your child should stay home until his or her temperature is less than 100 degrees (without the use of fever reducing medication) for 24 hours and he/she is feeling better.

**Vomiting, Diarrhea or Severe Nausea:** These are symptoms that require a student to remain at home until a normal diet is tolerated for 24 hours.

**Infectious Diseases:** Diseases such as impetigo, and strep throat may require a health care visit and prescription for medication. Contacting the health care provider and using the medicine as directed for the full recommended length of time are necessary. A student may return to school 24 hours after the first dose of an antibiotic and if he/she is feeling well.

**Rashes:** Rashes or patches of broken, itchy skin need to be examined by a health care provider if they appear to be spreading or not improving.

The symptoms of COVID-19 fall within the same guidelines for staying home and returning to school.

**Fever:** A fever of 100.0 degrees or more signals an illness that is probably going to make a student uncomfortable and unable to function well in class. Your child should stay home until their temperature is less than 100 degrees (without the use of fever reducing medication) for 24 hours and they are feeling better.

**Vomiting, Diarrhea or Severe Nausea:** These are symptoms that require a student to remain at home until symptoms have resolved for 24 hours.

Masking will continue to be a personal decision, not a requirement.

In the AASD, we monitor illness rates within our schools and community with the collaboration of the City of Appleton Health Department, and we will continue to do so. As rates increase, our site teams, Student Services team, and Facilities team communicate and increase cleaning efforts and family communication as preventive measures. Families can help us with these preventive measures by following the guidelines above.

Here are some things you can do to help prevent illness:

- Frequent handwashing
- Coughing or sneezing into a tissue or sleeve
- Drink plenty of water
- Eat a well balanced diet
- Clean and disinfect commonly used surfaces
- Don't share personal items

# Appleton Community 4K Literacy Corner—March

## Learning to Write

Children are born into a world full of print (Fountas and Pinnell). Your child observes you making grocery lists, writing notes, making signs, filling out forms, and using email and text messaging. Your child's early attempts at writing are important experiences for them. They play at writing just like they play at cooking, building, and reading. The more opportunities you can create for your child to play with writing the more they will learn about *both* writing and reading.

In the 4K classroom you child is participating in many different kinds of writing including bookmaking. **Bookmaking is something your child can also do at home.** Books may include pictures only, scribble writing, pictures and attempts at letters or pictures along with letters and words. The goal of bookmaking is to help children see themselves as writers.

*The fastest way to teach a child to read is to teach him to write.*

**- Mem Fox**

### **This month's recommendations focus on Authors we LOVE:**

Lois Ehlert  
Rosemary Wells  
Donald Crews  
Tana Hoban  
Denise Fleming  
Amy Krause Rosenthal  
Eric Carle  
Jerry Pinkney  
Leo Lionni  
Mo Willems



### 4K Office Contact Information

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It's almost time to register for the Kindergarten Here I Come! summer school program. See page 5 of this newsletter for more information! Registration starts April 15th!





# AASD Summer School 2024

## Kindergarten Here I Come!

For students entering 5 year old Kindergarten in the Fall

Class Dates: June 10 – July 3, 2024 (No School 6/19)

Class time: 8:30-11:30am

### **\$15 fee due at registration. Checks can be payable to: AASD**

Appleton Area School District is offering a summer school class for students entering 5 year old Kindergarten in the fall of 2024. This course is designed to introduce and/or reinforce basic skills for kindergarten. Students have a lot of fun and meet new friends while becoming familiar with the school setting.

**Kindergarten Here I Come classes will be offered at the following Summer School Sites:**

Appleton Bilingual School	Edison	Houdini
Badger	Ferber	Huntley
Berry	Foster	Jefferson
Classical	Franklin	Johnston
Columbus	Highlands	McKinley
Dunlap	Horizons	Richmond

### **Clase para la preparación de Kinder**

El propósito de esta clase de Prestancia es el ayudar a preparar a su hijo(a) a tener un buen comienzo en el Jardín de Niños el próximo otoño. Su hijo conocerá otros niños, tendrá varias actividades divertidas, conocerá a su maestro y se familiarizará con la escuela. Favor de llenar la solicitud de registro que se adjunta, y llevarla a la escuela en la que se desea inscribir al niño, durante la noche de inauguración de las inscripciones. Las fechas se anotan a continuación

### **Hoob Kindergarten Readiness**

Lub homphiaj ntawm hoob kawm ntawv rau cov menyuam npaj yuav mus kawm nyob rau qib Kindergarten ntawm nov yog pab kom koj tus menyuam paub thiab kawm ntawv tau nyob rau qib Kindergarten xyoo no thaum lub caij nplooj ntoos zeeg uas menyuam rov qab pib kawm ntawv. Koj tus menyuam yuav ntsib lwm tus menyuam, yuav muaj kev ua ntau yam kom lom zem, yuav paub nws tus xifwb qhia ntawd, thiab yuav paub txog lub tsev kawm ntawv. Thov muab daim ntawv cuv npe menyuam kawm ntawv ntawm nov teb thiab ua kom tiav thiab muab nqa mus rau lub tsev kawm ntawv uas koj xav kom koj tus menyuam tau mus kawm. Nqa tuaj mus rau thaum hmo uas lawv qhib sau npe rau menyuam kawm ntawv. Cov vasthib uas yuav qhib cuv npe rau menyuam kawm ntawv muaj raws li nram qab no.

### **Registration will be conducted online this year!**

Please see the following website for more information. [www.aasd.k12.wi.us/families/summer\\_school\\_information](http://www.aasd.k12.wi.us/families/summer_school_information)

**Current AASD students and private school students that attended last summer:** Parents/ guardians will receive an email or message on the parent portal on April 8<sup>th</sup> to view what school site that the student will have enrollment access to for summer school. Enrollment will be open to the school the student will attend the next school year. Private school students will have access to the site that they attended last summer. If the student would like to attend a different school for summer school, please contact [kadolphkarrie@asd.k12.wi.us](mailto:kadolphkarrie@asd.k12.wi.us) or 852-5332 ext. 60350.

Course registration opens April 15<sup>th</sup>. Parents/guardians will register for summer school courses via the Infinite Campus Portal. Student's finalized schedules and fees will also be available for viewing in the Portal within one week after registering the student. Fees may be paid online, also through the portal. Online registration will close on June 3<sup>rd</sup>; however, registration forms may be dropped off at the school site after that time. If assistance is needed logging on to Infinite Campus, please contact the Helpdesk at [helpdesk@asd.k12.wi.us](mailto:helpdesk@asd.k12.wi.us) or 920-852-5555 ext. 63159.


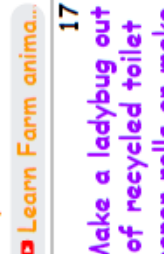





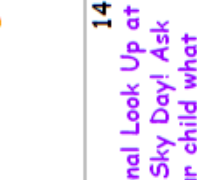

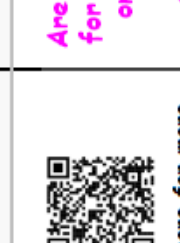
<https://appletonwi.infinitecampus.org/campus/portal/appleton.jsp>

**\*\*New out of district or private school students:** Please complete and return the form for the specific school to the school your child wishes to attend for summer school.

If you do not wish to use the online registration process, please complete and return the registration form to the school your child wishes to attend for summer school.



# April Play Ideas Calendar Preschoolers

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Scan here for more information about Birth-Five Outreach</p> 	<p>1 Are you registered for our playgroups on Tuesdays &amp; Thursdays? Call TODAY!! 920-832-6470</p>	<p>2 Play With Purpose at CELC from 9-10 &amp; 10:30-11:30: <i>Healthy Choices</i> (Registration required)</p>	<p>3 National Walking Day! Take a walk outside: <i>What do you see, hear, or smell?</i></p>	<p>4 Learning Through Play at CELC from 9-10 &amp; 10:30-11:30: <i>The Great Outdoors</i> (Registration required)</p>	<p>5 Add water to a sink, tub, or container. Find items and see if they sink or float!</p>	<p>6 Week of the Young Child! (April 6-12th) Here are some ideas to celebrate: <a href="#">WOYC 2024</a></p>
<p>7 Read a favorite book about bugs. Create a picture of a favorite bug!</p>	<p>8 National Zoo Lovers Day! Visit a local zoo or take a virtual visit to: <a href="#">San Diego Zoo Wildlife Alliance</a></p>	<p>9 Play With Purpose at CELC from 9-10 &amp; 10:30-11:30: <i>Table Talk</i> (Registration required)</p>	<p>10 National Farm Animal Day! Take a virtual visit to a farm or read a book about farm animals.  <a href="#">Learn Farm animals...</a></p>	<p>11 Learning Through Play at CELC from 9-10 &amp; 10:30-11:30: <i>The Color Monster</i> (Registration required)</p>	<p>12 String some cereal on pipe cleaners to make worms or snakes. </p>	<p>13 Have a BALL! Collect all the different types of balls in your house and play together</p>
<p>14 National Look Up at the Sky Day! Ask your child what shapes they see in the clouds and stargaze with them at night</p>	<p>15 Stomp in puddles outside or make puddles in the tub and allow child to splash</p>	<p>16 Play With Purpose at CELC from 9-10 &amp; 10:30-11:30: <i>Quality Time</i> (Registration required)</p>	<p>17 Make a ladybug out of recycled toilet paper rolls or make a butterfly out of coffee filters and clothes pins. </p>	<p>18 Learning Through Play at CELC from 9-10 &amp; 10:30-11:30: <i>Under the Sea</i> (Registration required)</p>	<p>19 Cuddle with your child and ask about the favorite part of his or her day</p>	<p>20 Create a sensory bin. See page two for lots of ideas!</p>
<p>21 Practice color mixing. Let your child mix and spread paint colors together. What new colors did you make?</p>	<p>22 National Earth Day! Pick up garbage outside, recycle or plant plants with your child. Here are some more ideas: <a href="#">Earth Day Activities</a></p>	<p>23 National Picnic Day! Have an indoor or outdoor picnic with your child</p>	<p>24 Create suncatchers with coffee filters and markers. </p>	<p>25 Make a rainbow with markers, dot markers, or tear pieces of tissue paper and glue</p>	<p>26 National Kids and Pets Day! Have your child feed or care for a pet (real or a stuffie) and read/watch: </p>	<p>27 Make some stamp art; cut fruit and veggies in half. Encourage child to dip in paint and stamp a picture</p>
<p>28 Visit the library, or go online and reserve some of your favorite books for pick up</p>	<p>29 National Zipper Day! Practice zipping zippers or read: </p>	<p>30 Play hide and seek with your child. Take turns who will hide and who will seek</p>				

# Join us for Week of the Young Child!



## Kindness Grows!



Thursday, April 11th, 2024

5:45-7:00 PM

**FREE Admission for Families**

- Make & Take Activities
- Movement, Music, Games, & Refreshments
- FOOD DRIVE - Collection
- Door Prizes and FREE Giveaways!



Community Early Learning Center  
313 S. State Street, Appleton



### Community Opportunities for Students

The AASD shares local, community opportunities for students. These community opportunities include upcoming events and activities such as art and music camps, youth athletics, cultural events, enrichment programs, and more. We encourage AASD families to regularly review these opportunities for students of all ages. Check out the [AASD COMMUNITY OPPORTUNITIES FOR STUDENTS WEBPAGE](#) for a current list of opportunities for students.

Do you know any 4K students for the 2024-2025 school year?

#### **Who can enroll?**

Appleton Community 4K is open to any student who will turn 4-years-old on or before September 1st!

#### **How do we enroll?**

Online enrollment for 2024-2025 is now open for 4K!

#### **See the AASD 4K website for registration information:**

[https://4k.aasd.k12.wi.us/our\\_school/enrollment](https://4k.aasd.k12.wi.us/our_school/enrollment)

